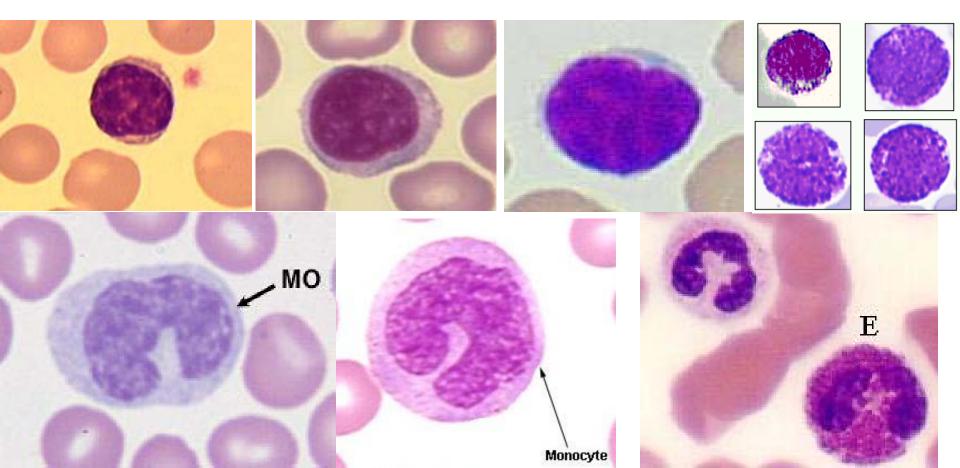


#### **DISEASES of WHITE CELLS and LYMPHOID TISSUE**

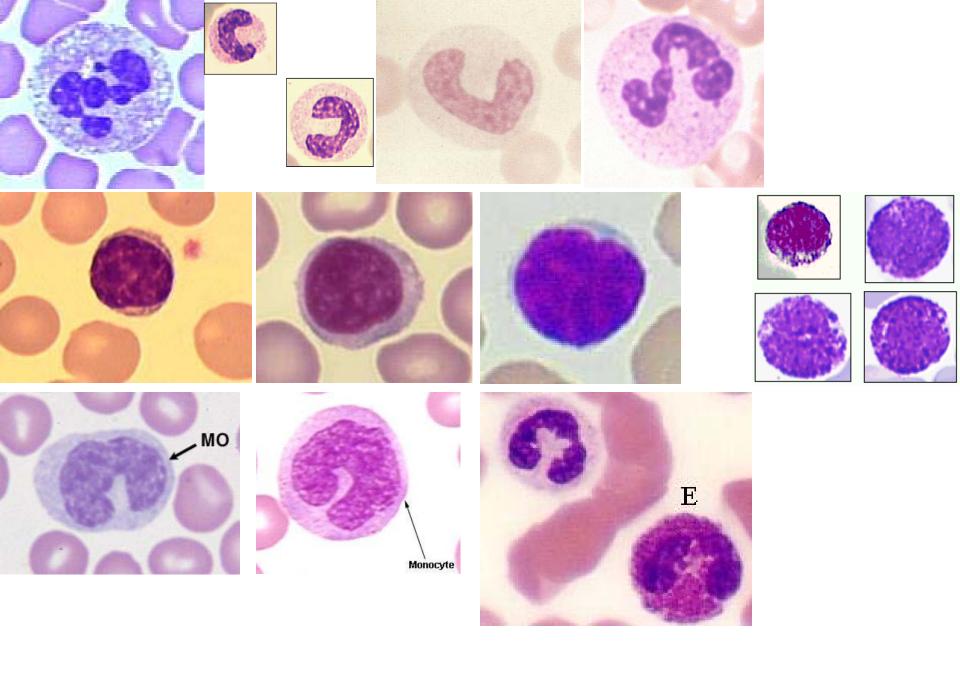


## **Topics for Chapter 14**

- Leukopenia/Neutropenia
- Leukocytosis
- Lymphadenitis/Lymphadenopathy
- (Malignant) Lymphoma
- NON-Hodgkins Lymphoma
- Hodgkins Lymphoma (Hodgkins Disease)
- ALL/CLL (Acute/Chronic Lymphocytic Leukemia)
- Multiple Myeloma
- M1/M2/M3/M4/M5/M6/M7
- Myeloproliferative Disorder
- CML and Polycythemia Vera
- Essential Thrombocytosis
- Splenomegaly
- Thymoma

### WBC/LYMPHOID DISORDERS

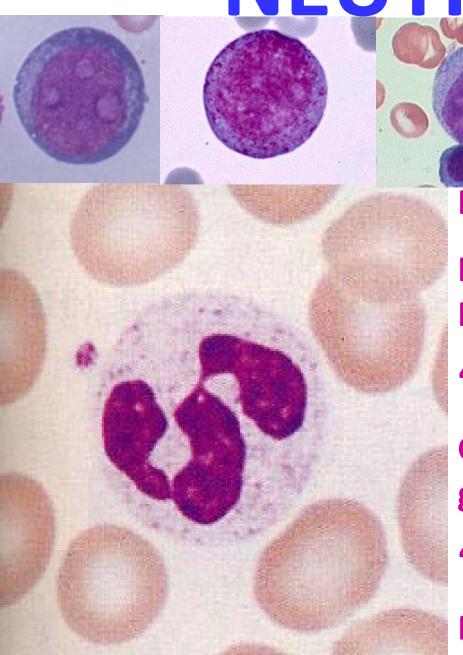
- Review of Normal WBC Structure/Function
- Benign Neutrophil and Lymphoid Disorders
- Leukemias
- Lymph Nodes
- Spleen/Thymus
- REVIEW



## **NEUTROPHILS**

- Normal TOTAL WBC count 6-11 K
- Neutrophils usually 2/3 of total normal
- Myeloblast→ Promyelocyte→ Myelocyte→
  Metamyelocyte→ Band (stab)→ Mature
  Neutrophil (Poly, PMN, Neutrophilic Granulocyte)
- Produced in red (hematopoetic) marrow, sequester (pool) in spleen, live in peripheral blood, migrate OUT of vascular compartment PRN, live a couple days normally





Neutrophil

Polymorphonuclear Leukocyte, PMN, PML

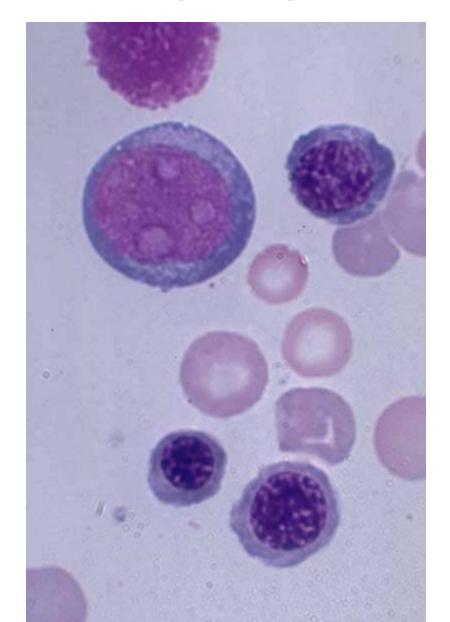
"Leukocyte"

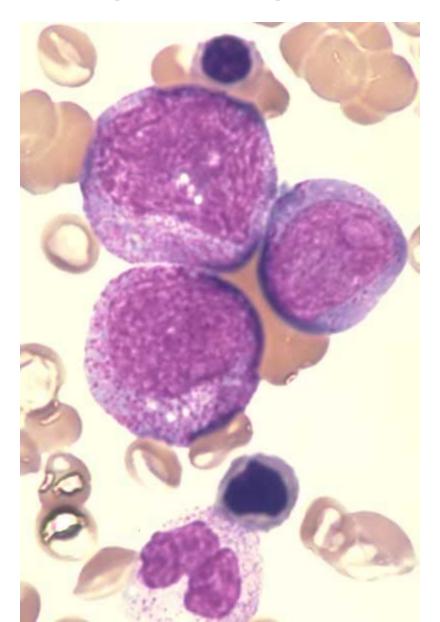
**Granulocyte, Neutrophilic** granulocyte

"Poly-"

**Polymorph** 

### **NEUTROPHIL MATURATION**

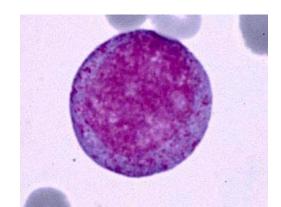




### LYSOSOMAL CONSTITUENTS

- PRIMARY
- Also called AZUROPHILIC, or NON-specific
- Myeloperoxidase
- Lysozyme (Bact.)
- Acid Hydrolases

- <u>SECONDARY</u>
- Also called SPECIFIC
- Lactoferrin
- Lysozyme
- Alkaline Phosphatase
- Collagenase



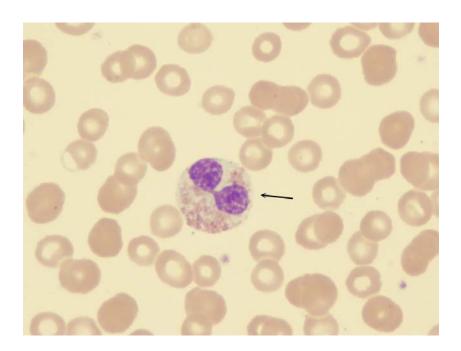


# **FUNCTIONS**

- Margination
- Rolling
- Adhesion
- Transmigration (Diapedesis)
- Chemotaxis
- Phagocytosis: Recognition, Engulfment, Killing (digestion)
- Equilibrium with splenic pool

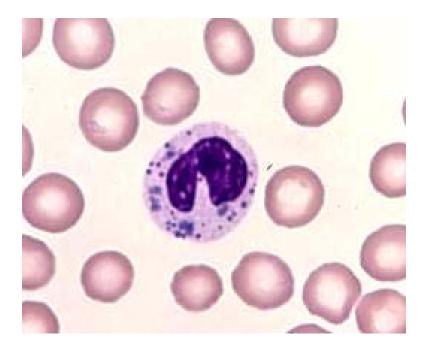
### **PELGER-HUET ANOMALY**

- Genetic
- Sometimes ACQUIRED (Pseudo-PELGER-HUET)
- All neutrophils look like BANDS
- NOT serious, mostly a cute incidental finding



#### **CHEDIAK-HIGASHI SYNDROME**

- Also genetic
- Abnormal LARGE irregular neutrophil granules
- Impaired lysosomal digestion of bacteria
- Associated with pigment and bleeding disorders
- CAN be serious, especially in kids



## LEUKO-penia/NEUTRO-penia Neutropenia/Agranulocytosis

- INADEQUATE PRODUCTION
- INCREASED DESTRUCTION

• 500-1000/mm3 is the DANGER zone!

### **INADEQUATE PRODUCTION**

- Stem cell suppression, e.g., aplastic anemias
- DRUGS, esp. CHEMO, MANY antibiotics, aminopyrene, thio-uracil, phenylbutazone
- DNA suppression due to megaloblastic/myelodysplastic states
- Kostmann Syndrome (genetic, congenital)
- Marrow usually shows granulocytic HYPO-plasia, just as in RBC and PLAT decreased production

### INCREASED DESTRUCTION

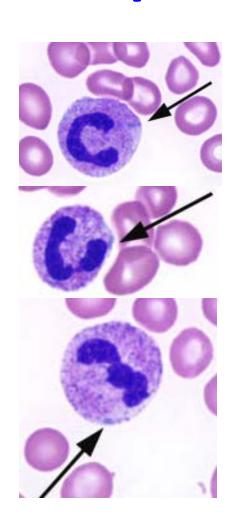
- Immune mediated
  - -By itself (idiopathic), or as in SLE
  - After "sensitization" by many drugs
- Splenic sequestration, hypersplenism
- Increased peripheral demand, as in overwhelming infections, esp. fungal
- Marrow usually shows granulocytic HYPER-plasia, just as in RBC and PLAT increased destructions

### Leukocytosis/Neutrophilia

- Marrow and splenic pool size
- Rate of release between pool and circulation
- Marginating pool
- Rate of WBCs (neutrophils/monocytes) leaving the vascular compartment
- NON-vascular pools FIFTY times larger than the vascular pools
- TNF/IL-1/cytokines stimulate T-cells to produce CSF, the WBC equivalent of EPO

# NEUTROPHIL INCREASES (e.g., "NEUTROPHILIA")

- BACTERIA
- TISSUE NECROSIS, e.g., MI
- DÖHLE BODIES and TOXIC GRANULES are often seen with NEUTROPHILIA
- Accompanied by a "LEFT" shift



# EOSINOPHIL INCREASES (i.e., "EOSINOPHILIA")

- ALLERGIES (esp. DRUG allergies)
- PARASITES

# BASOPHIL INCREASES (i.e., "BASOPHILIA")

- RARE. Period.
- But if you want to remember something at least, remember myeloproliferative diseases in which ALL cell lines are increased

# MONOCYTE INCREASES (i.e., "MONOCYTOSIS")

- •TB
- SBE
- RICKETTSIAL DISEASES
- MALARIA
- SLE
- IBD, i.e., ULCERATIVE COLITIS

# LYMPHOCYTE INCREASES (i.e., "LYMPHOCYTOSIS")

- TB
- VIRAL
  - -Hep-A
  - -CMV
  - **–EBV**
- Pertussis (whooping cough)

### "MYELOPROLIFERATIVE"

#### disorders

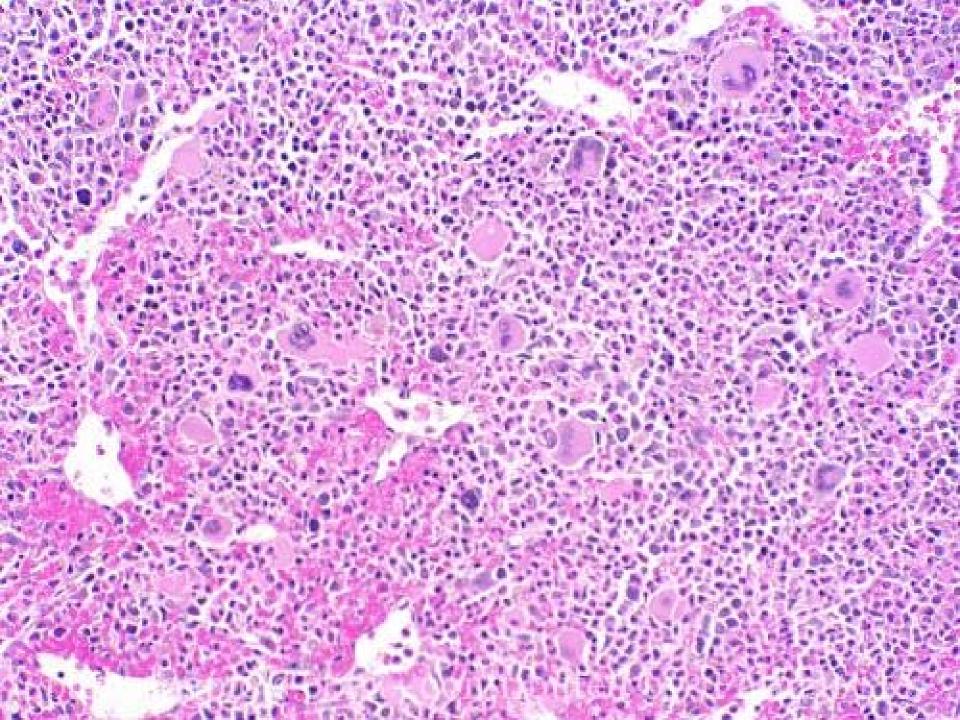
- Also called "chronic" myeloproliferative disorders because they last for years
- ALL marrow cell lines are affected, splenomegaly
- Proliferating cells do NOT suppress residual marrow production, and go OUTSIDE marrow
   →, and EXPAND marrow to fatty appendicular marrow
- Associated with EXTRA-medullary hematopoesis
  - Chronic Myelogenous "Leukemia" (CML)
  - P. Vera
  - Essential Thrombasthenia (aka, Essential Thrombocytosis)
  - Myelofibrosis

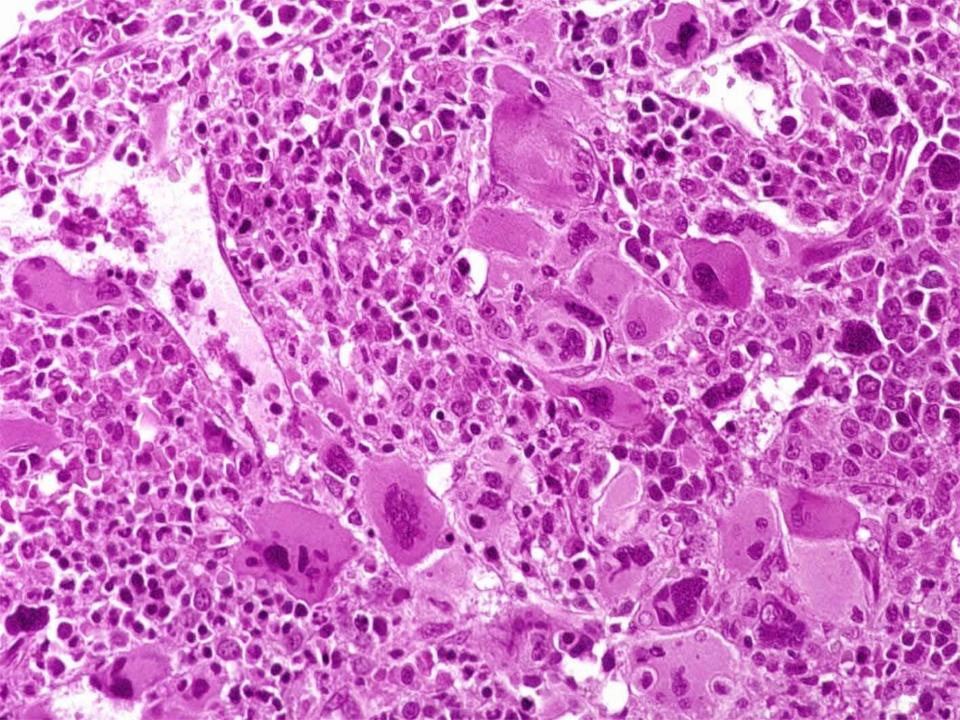
# CML

- NOT AT ALL like an "acute" leukemia, but can develop into one as a condition called a "blast crisis"
- Age: adult, NOT kids
- 90% have the "Philadelphia" chromosome, which are aberrations on chromosome #9 (BCR) and #22 (ABL), the BCR-ABL "fusion"

# CML

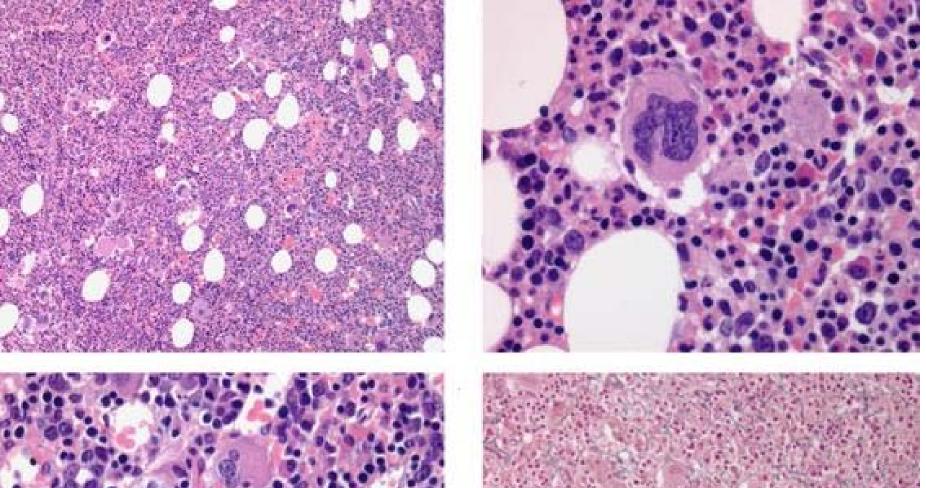
- Marrow 100% cellular, NOT 50%
- ALL cell lines increased, M:E ratio massively increased, 50K-100K neutrophils with SIGNIFICANT "left shift", but not more than 10% blasts
- SIGNIFICANT SPLENOMEGALY!!!!!
- Significant breakthrough with BCR-ABL kinase inhibitors!!! (90% remissions)

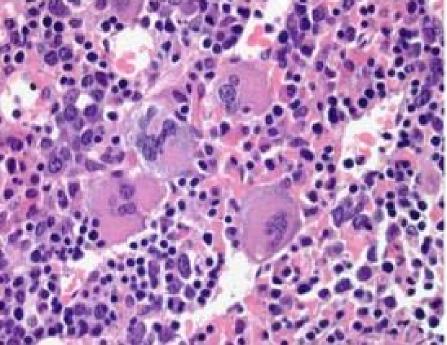


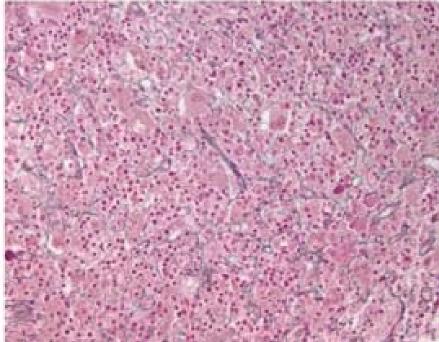


# Polycythemia Vera

- All cell lines increased, NOT just RBC
- HIGH marrow cell turnover stimulates increased purines which often cause gout (10%)
- BOTH thrombosis AND bleeding risks are present because the increased platelets are AB-normal
- Do not get "blast" crises, BUT can progress to myelofibrosis

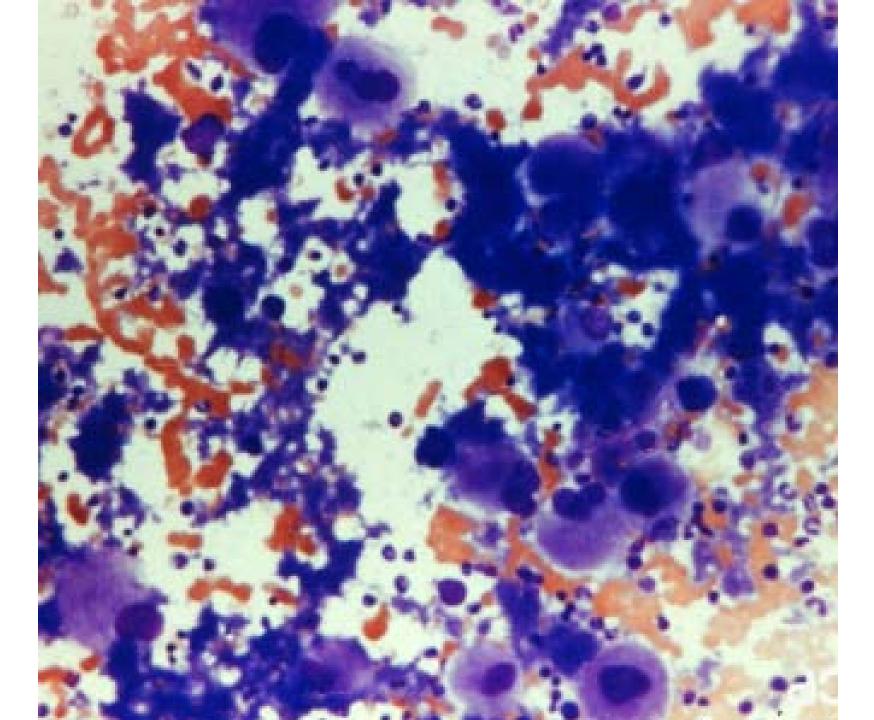






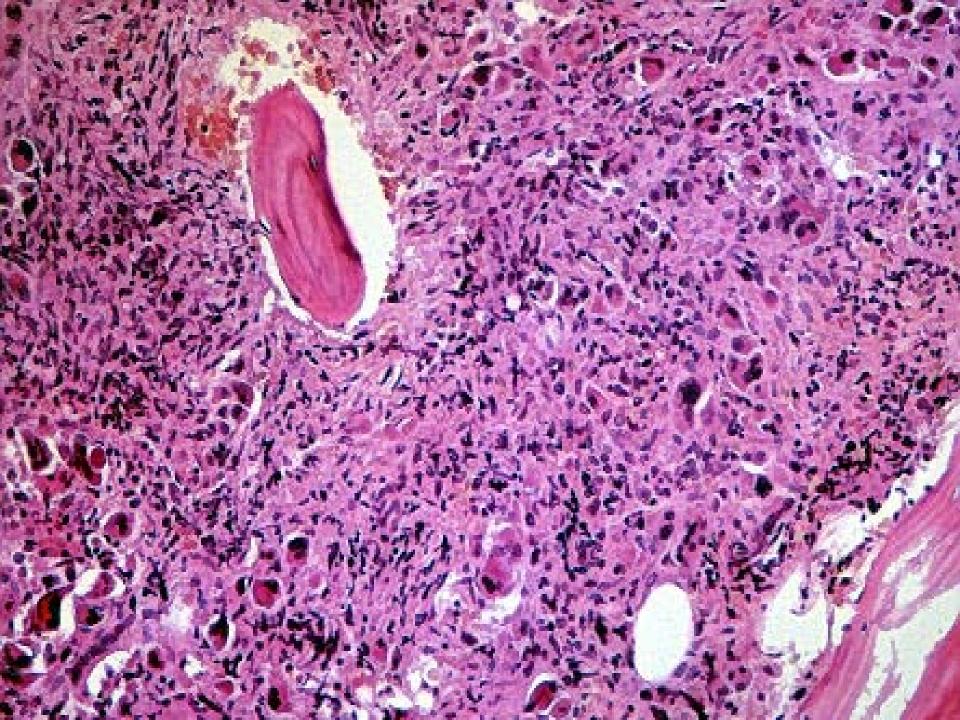
#### **ESSENTIAL THROMOCYTOSIS**

- Platelet count often near 1 million/mm3
- Often a diagnosis of exclusion.
- The RAREST of all myeloproliferative disorders
- Giant platelets usually. Why? Ans: Quicker release from marrow (RPW/RDW)
- Massively increased megakaryocytes in the marrow



#### PRIMARY MYELOFIBROSIS

- Rapid progressive marrow fibrosis
- Oldest age group of all the MPD's, >60
- Can follow other MPD's. Why?
- Usually the most extensive extramedullary hematopoesis because the marrow is NOT the primary site of hematopoesis
- LEUKOERYTHROBLASTOSIS
- Like CML, 10-20% can progress to AML



### WBC/LYMPHOID DISORDERS

- Review of Normal WBC Structure/Function
- Benign Neutrophil and Lymphoid Disorders

### Leukemias

- Lymph Nodes
- Spleen/Thymus
- REVIEW

## **LEUKEMIAS**

- MALIGNANT PROLIFERATIONS of WHITE BLOOD CALLS
- In the case of neutrophilic precursors, the primary process is marrow and peripheral blood, but can involve any organ or tissue which receives blood
- In the case of lymphocytes, there is an intimate concurrence with malignant lymphomas

### Leukemias vs. Lymphomas

- All leukemias of lymphocytes have lymphoma counterparts
- Primary lymphomas can have "leukemic" phases, including multiple myelomas
- Any myeloid leukemia can infiltrate a lymph node, or any other site, but if/when it does it is NOT called a lymphoma, but simply a myeloid infiltrate INTO a lymph node
- ALL lymphomas are malignant proliferations of lymphocytes
- ALL leukemias involve bone marrow changes

## **LYMPHOMAS**

- NODAL or EXTRANODAL
- T or B
- SMALL or LARGE CELLS
- FOLLICULAR or DIFFUSE
- Hodgkins or NON-Hodgkins
- "F.A.B. classification" is currently popular this week (FrenchAmericaBritish), for the NON-Hodgkins lymphomas

### **LEUKEMIAS**

- Acute or Chronic
- Myeloid or Lymphocytic
- Childhood or Adult
- All involve marrow
- All ACUTE leukemias suppress normal hematopoesis, i.e., have anemia, thrombocytopenia
- Most have chromosomal aberrations
- Some can respond DRASTICALLY to chemo, most notably ALL in children, even be cured!!!!

# BLAST



#### WHITE CELL NEOPLASMS Leuk/Lymph

- Many have chromosomal translocations
- Can arise in inherited and/or genetic diseases:
  - Downs Syndrome (Trisomy 21)
  - Fanconi's anemia (hereditary aplastic anemia)
  - Ataxia telangiectasia
- May have a STRONG viral relationship:
  - HTLV-1 (lymphoid tumors)
  - EBV (Burkitt Lymphoma)
  - Human Herpesvirus-8 (B-Cell Lymphomas)

### WHITE CELL NEOPLASMS Leuk/Lymph

- Can be caused by H. Pylori (gastric B-Cell lymphomas)
- Can follow celiac disease (gluten sensitive enteropathy > T-Cell lymphomas)
- Are common in HIV, T-Cell lymphomas,
  CNS lymphomas

## A.L.L./LYMPHOMAS\*

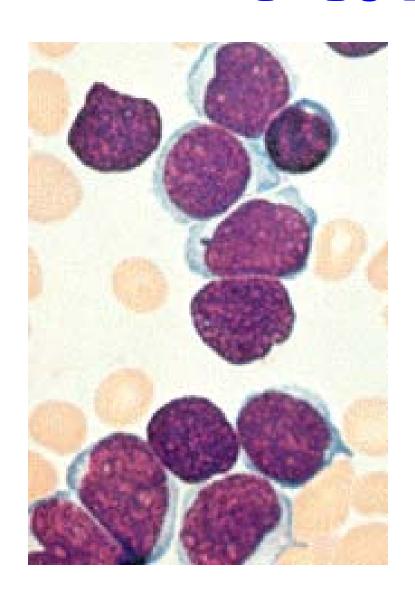
- SUDDEN ONSET
- ANEMIA, BLEEDING, FEVER
- Bone pain, adenopathy, hepatosplenomegaly
- CNS: headaches, vomiting, nerve palsies

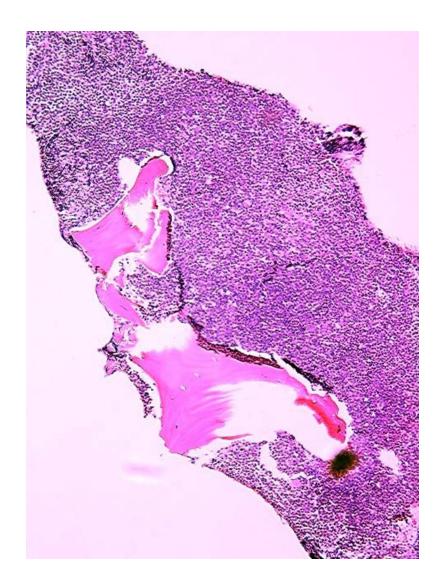
• (\* NB: These are pretty much the symptoms of A.M.L. too and vice versa)

## A.L.L./LYMPHOMAS

- "Lymphoblasts" which can give rise either to T or B cells are the cells of malignant proliferation
- All lymphocytic leukemias CANNOT be classified independently of lymphomas because they all have lymphoma counterparts
- A.L.L. mostly in children
- Most have chromosomal changes, hyperploidy,
  Philadelphia chromosome, translocations
- SIGNIFICANT response to chemo: 90% remission, 75% CURE!!!

# A.L.L.

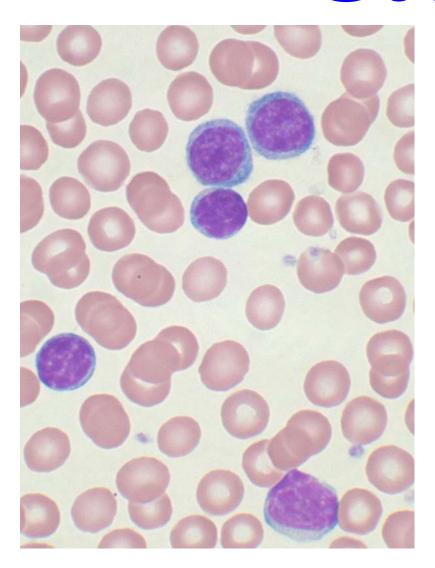


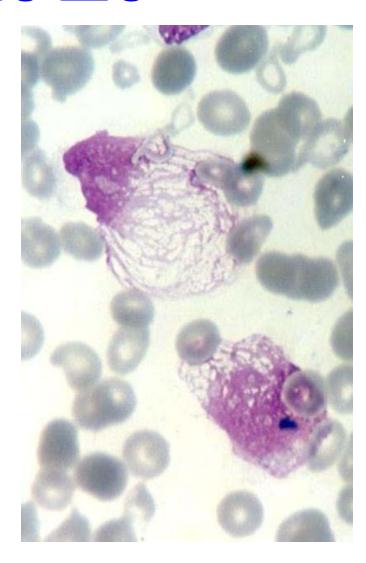


# C.L.L.

- Unexplained sustained (months) lymph count of > 4000/mm3 is CLL, usually picked up on CBC
- M>F
- Lymphs look normal and are NOT blasts
- No need for marrow exam for dx, but progressive involvement of marrow, nodes, and other organs is the usual biologic behavior
- Liver can be involved portally or sinusoidally
- Translocations RARE, but trisomies and deletions common

# C.L.L.





# C.L.L.

- HYPO-gammaglobulinemia
- 15% have antibodies against RBC's or PLATS
- CANNOT be classified as separate from lymphomas

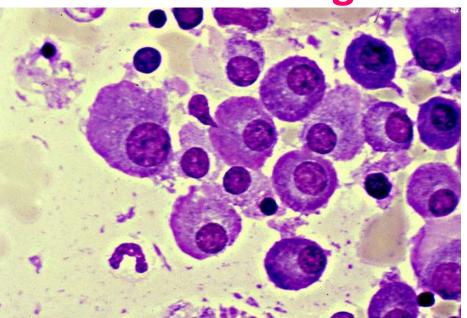
### **MULTIPLE MYELOMA**

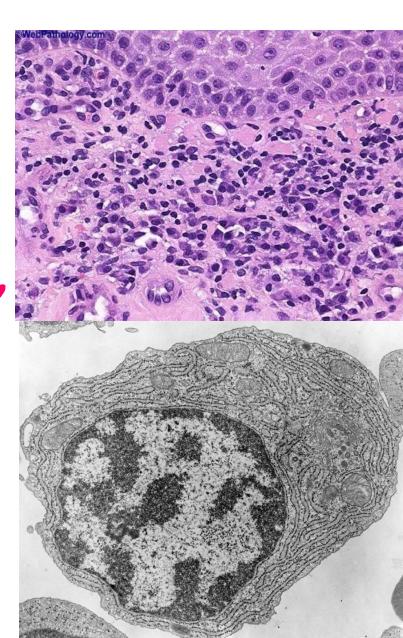
- DEFINED AS A MALIGNANT PROLIFERATION OF PLASMA CELLS
- Can have a "leukemic" phase, but the BONE MARROW is the usual primary site of origin
- Usually have MONOCLONAL GAMMOPATHIES
- Secrete Heavy and Light chains, and Light chains in the urine is known as Bence-Jones protein
- Usually have elevated IL-6 (bad prognosis)

#### PLASMA CELL classic features

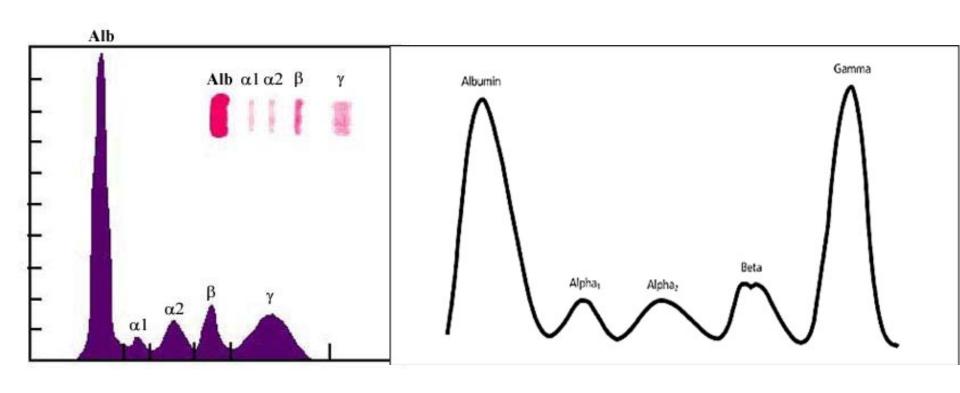
- OVAL cytoplasm, ROUND nucleus off to side
- Cartwheel/Clockface chromatin

Prominent Golgi or "Hoff"





### **MONOCLONAL "SPIKE" on SPE**



### **MULTIPLE MYELOMA**

- BONE DESTRUCTION
- Various deletions and translocations
- Plasma cells usually 1-3% of marrow, but >20% or plasma cells in SHEETS is diagnostic
- Plasma cells usually look normal
- IgG >> IgA, other immunoglobulins are rare
- Staph, Strep, E. coli infections
- Bleeding
- Amyloidosis
- RENAL FAILURE

### Multiple Myeloma: Skull X-ray



## "Solitary" Plasmacytoma

 Progression to MM is "inevitable", with time, perhaps 10-20 years even

## M.G.U.S.

- Monoclonal Gammopathy of Unknown
  Significance, i.e., no plasma cell proliferation is found
- Age related
- 1% of 50-year olds, 3% of 70-year olds, etc.
- Same chromosomal aberrations as MM, but generally follow a BENIGN course

### Other "GAMMOPATHIES"

- Waldenstrom's MACROglobulinemia (associated with lymphomas)
- Heavy Chain Disease (associated with lymphomas)
- AMYLOID, follows MM and/or chronic granulomatous diseases

# A.M.L.

- GENETIC ABERRATIONS INHIBIT DIFFERENTIATION
- Many have various TRANSLOCATIONS
- F.A.B. classifies them as M0→ M7
- MORE than 20% of BLASTS are needed in the marrow for a diagnosis of acute leukemia!!! (i.e., ANY kind of BLAST
- NORMALLY, a marrow should have only about 1-2
  % blasts

# A.M.L.

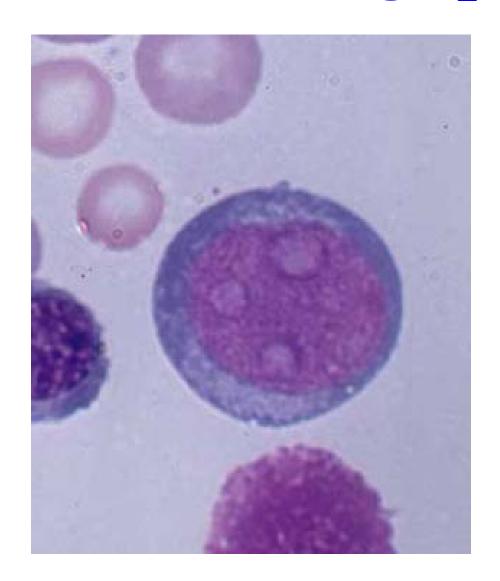
(COMMON)

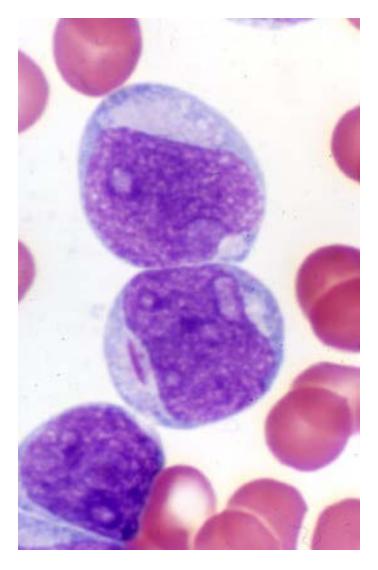
(COMMON)

- M0 Minimally differentiated
- M1 AUER rods rare
- M2 AUER rods common
- M3 Acute PRO-myelocytic leukemia
- M4 AMML (myelo-Mono cytic) (COMMON)
- M5 Monocytic
- M6 ErythroLeukemia
- M7 Acute Megakaryocytic leukemia

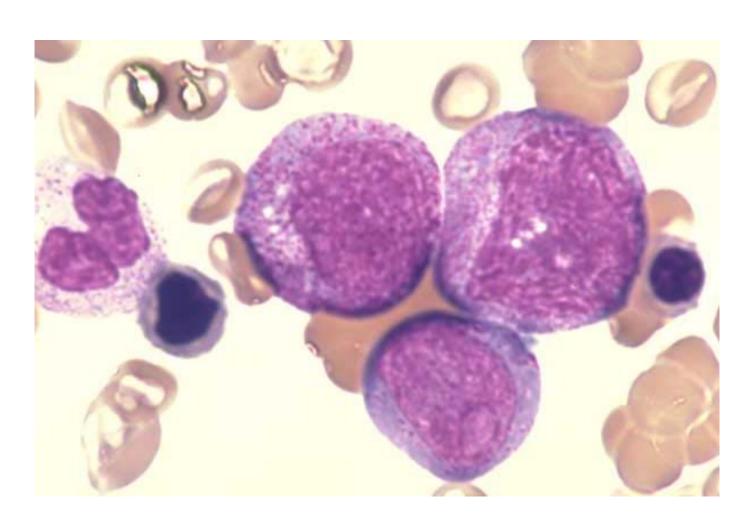
NOTE: Diagnosis is CONFIRMED by special markers, not just visual identification

# $M0\rightarrow M2$

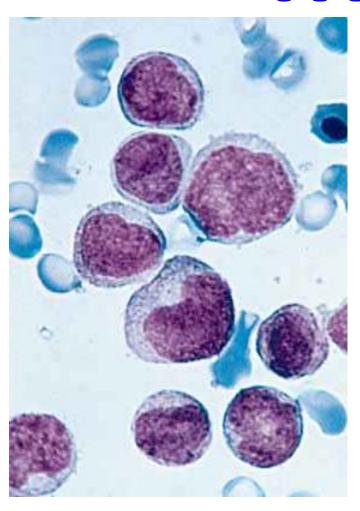


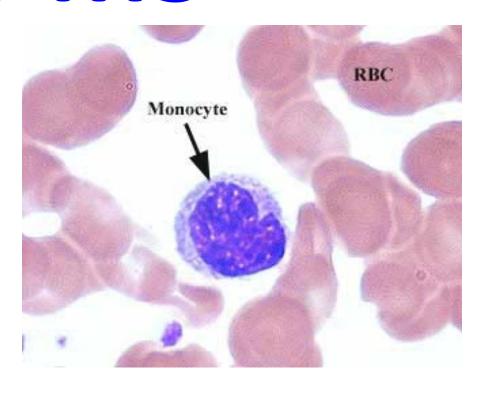


## **M3**



## **M4-M5**

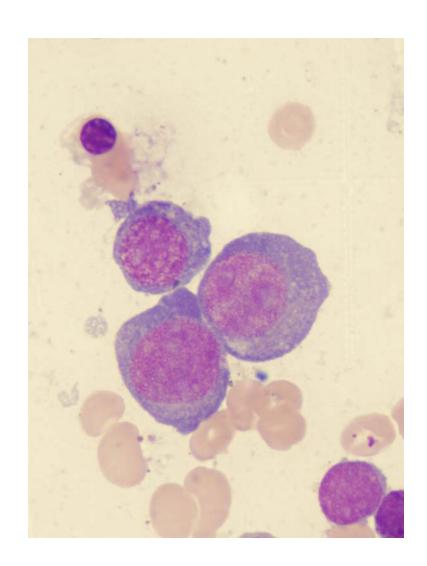


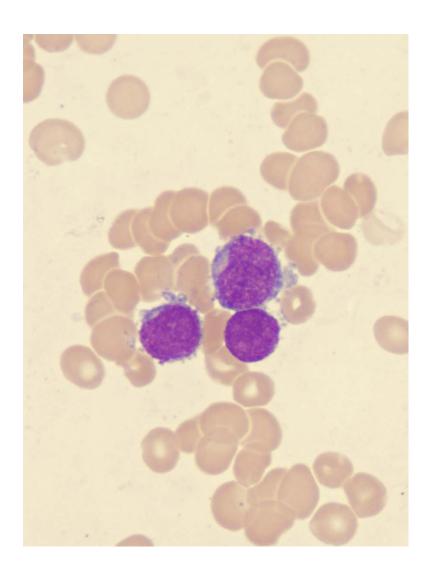


Normal "classic" monocyte

**AMML** 

# M6-M7





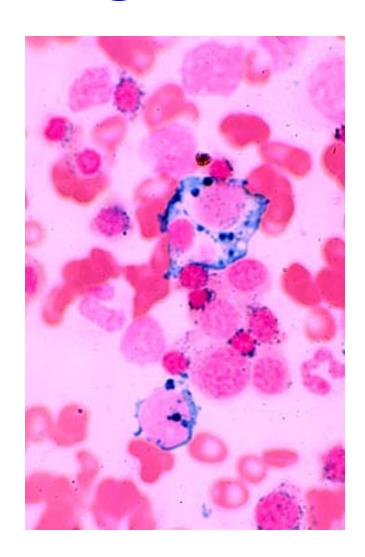
# A.M.L.

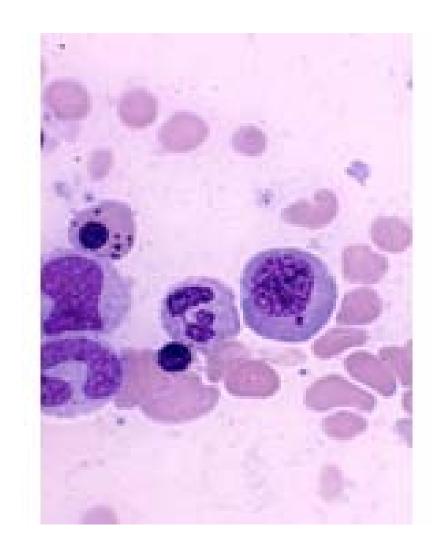
- Anemia
- Thrombocytopenia (bleeding)
  - Petechiae
  - Ecchymoses
- Fever
- Fatigue
- Lymphadenopathy
- 60% respond, BUT only 20 % are free of remission after 5 years, WORSE than A.L.L.

### **MYELO-DYSPLASTIC SYNDROMES**

- Increased risk of acute leukemias
- But, UNLIKE the myeloPROLIFERATIVE syndromes, NOT a hypercellular marrow
- Spontaneous or drug related (even > 5 yrs!)
- Has marrow ABERRATIONS
  - REFRACTORY ANEMIAS
  - RINGED SIDEROBLASTS (Fe in mitochondria)
  - Nuclear "BUDDING"
  - EXCESS BLASTS, but LESS than 20%
  - About, say 25% develop into acute leukemias

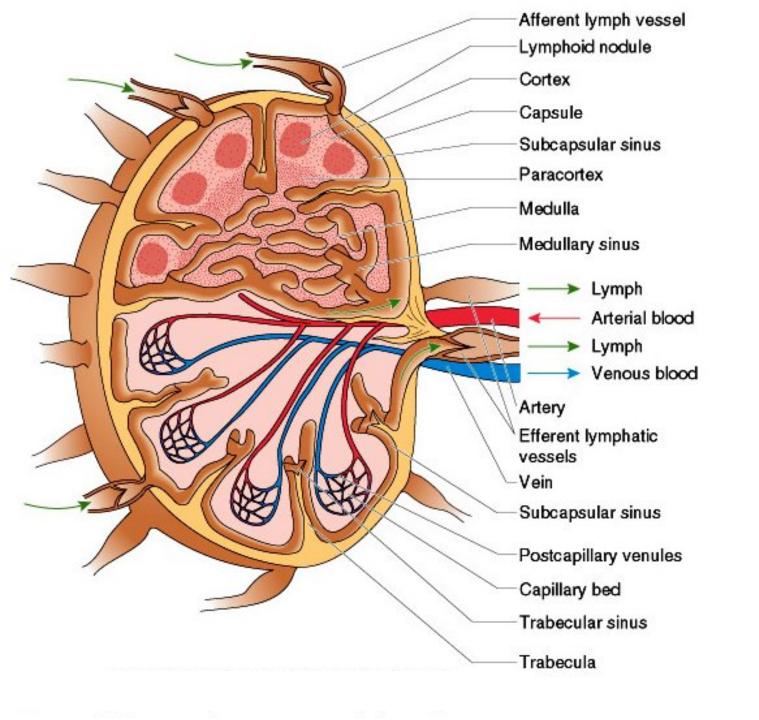
## Ring Sideroblasts and "BUDS"

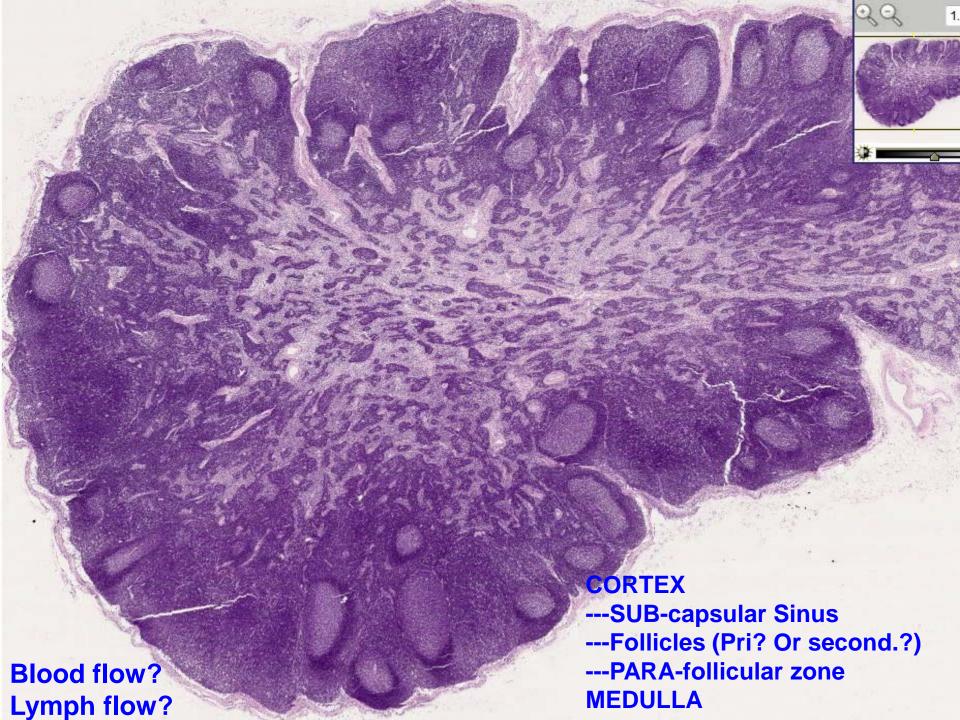




## LYMPH NODES

- Normal Structure, Function
- Benign enlargement/Benign disease
  - Acute
  - Chronic (follicular vs. "sinus histiocytosis")
- Lymphomas/Malignant Lymphomas
  - Adjectives of various classifications
  - Features
  - STAGING
- Metastatic disease TO lymph nodes



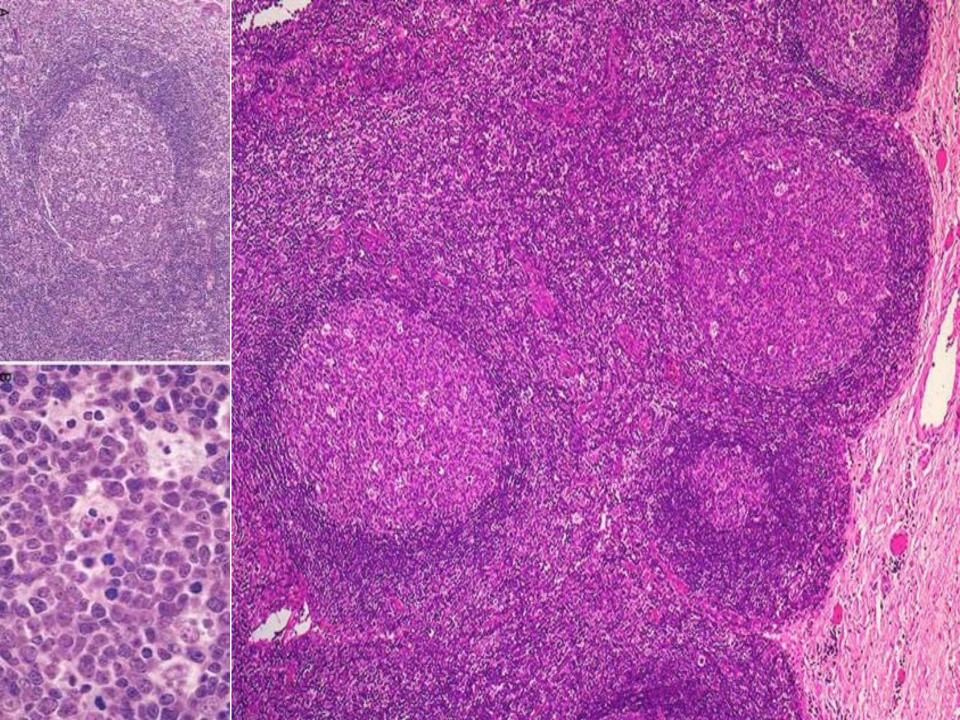


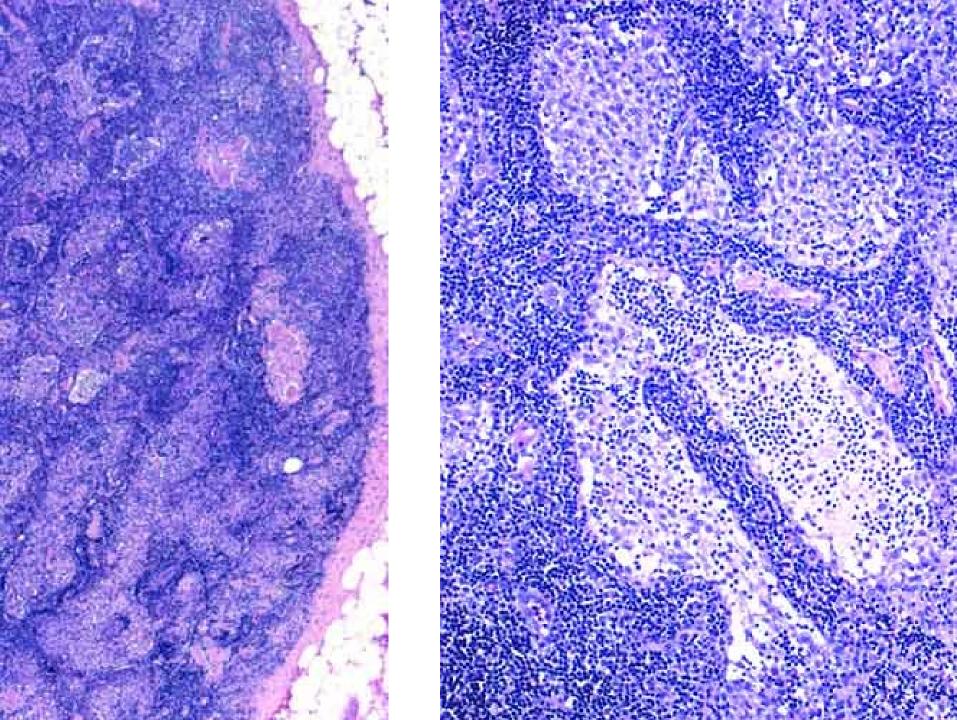
## **Definition of TERMS**

- Lymphadenopathy
- Lymphadenitis
- Dermatopathic
- Normal size?
- Palpation
- What to do if a lymph node is enlarged?
- Diffuse/Follicular
- T/B/NK, Small/Large, Cleaved/Non-cleaved
- Precursor/Peripheral
- HD/Non-HD

#### **BENIGN ENLARGEMENT**

- Also called LYMPHADENITIS, and HYPERPLASIA
- Can be ACUTE (tender), or CHRONIC (non-tender)
- Usually SUBSIDE in, say, less than 6 weeks
- FOLLICULAR HYPERPLASIA is enlargement of the cortical secondary follicles and increase in number of the cortical secondary follicles
- SINUS HISTIOCYTOSIS is prominence in medullary sinuses (also called "reticular" hyperplasia)

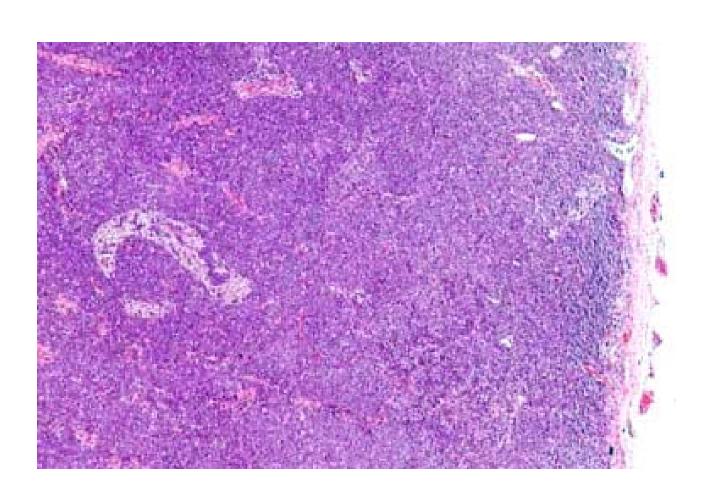




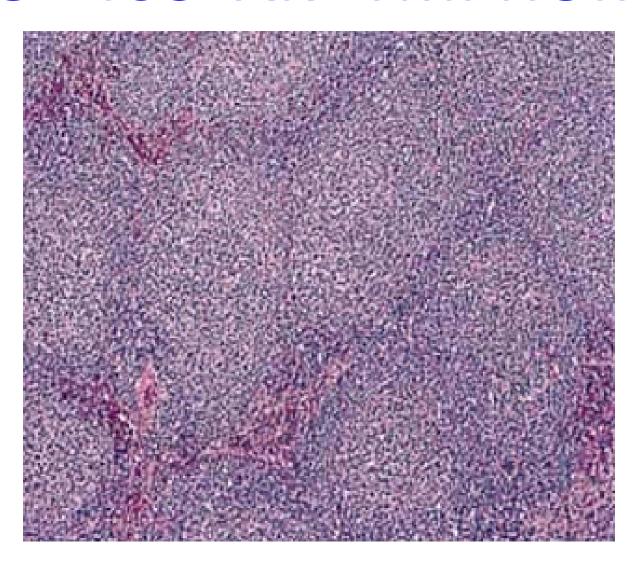
### (MALIGNANT) LYMPHOMAS

- Terms in historic classifications:
  - Diffuse/Follicular, Small/Large, Cleaved/Non-cleaved
  - Hodgkins (REED-STERNBERG CELL) /NON-Hodgkins
  - Lukes, Rappaport, etc.
  - Working Formulation, WHO, NIH, FAB, Intl., etc.
  - -B
  - **-T**
  - -PRECURSOR (less mature looking)
  - -PERIPHERAL (more mature looking)

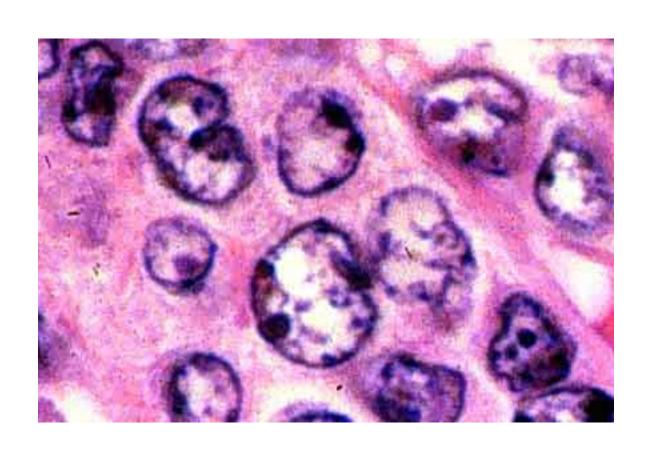
## **DIFFUSE LYMPHOMA**



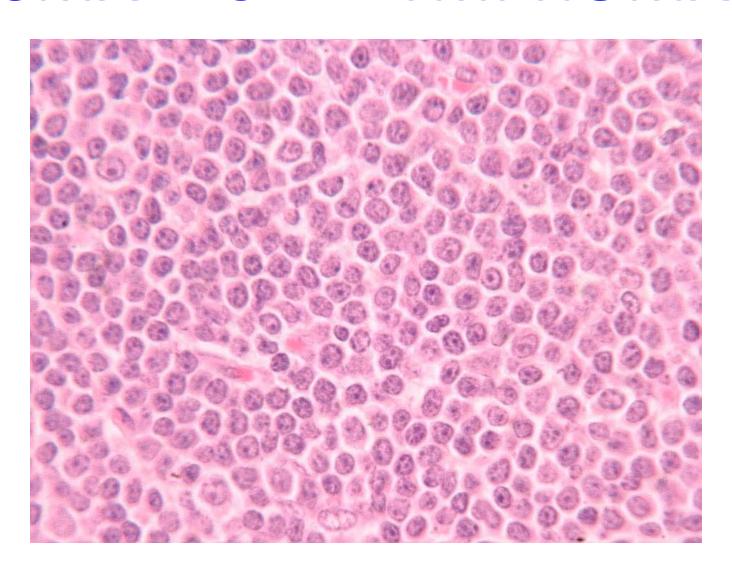
### FOLLICULAR LYMPHOMA



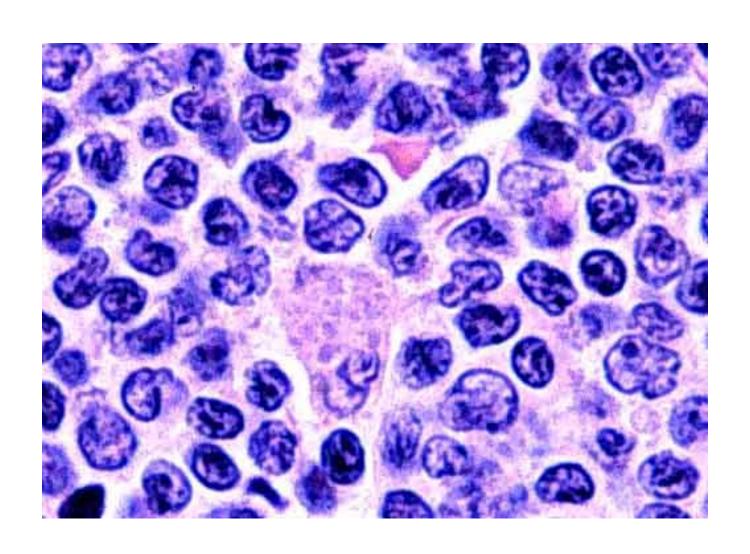
#### LARGE CELL LYMPHOMA



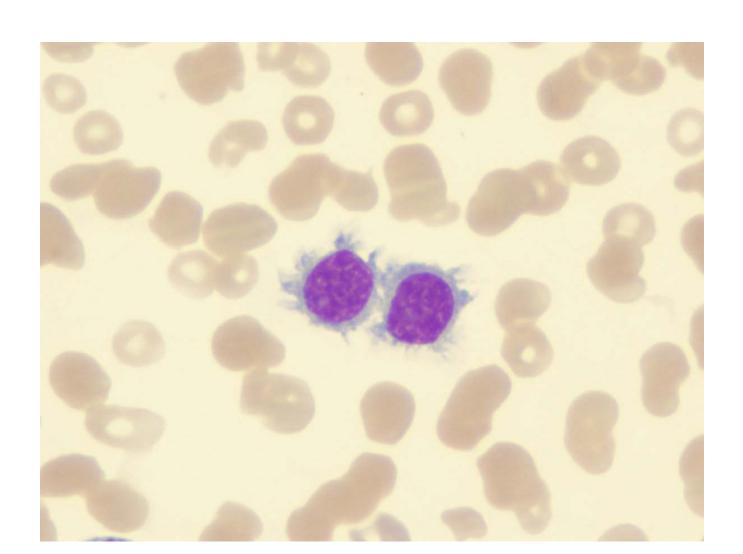
#### **SMALL CELL LYMPHOMA**



#### "CLEAVED" CELL LYMPHOMA



## "Hairy" Lymphocyte



#### **FEATURES of LYMPHOMAS**

- The Antigen receptor genes re-arrangement PRECEDES malignant transformation, so the cells are MONOCLONAL, NOT the usual POLYCLONAL
- 85% B-cell, 15% T-Cell
- The tumor cells congregate wherever T and B cell congregate normally however
- DISRUPTED or "EFFACED" normal architecture, obliterated subcapsular sinus
- HD/Non-HD staging CRUCIALLY IMPORTANT, esp. HD.
  Why? HD grows more "linearly"

#### LATEST CLASSIFICATION

- NON-HODGKIN
  - -PRECURSOR B
  - -PERIPHERAL B
  - -PRECURSOR T
  - -PERIPHERAL T
- HODGKIN'S DISEASE (i.e., HODGKINS LYMPHOMA)

## PRECURSOR B

 Precursor B LYMPHOBLASTIC LEUKEMIA/LYMPHOMA

#### PERIPHERAL B

- CHRONIC LYMPHOCYTIC LEUKEMIA/LYMPHOMA
- B-Cell PRO-lymphocytic LEUKEMIA
- Lymphoplasmacytic
- Splenic and Nodal Marginal Zone
- EXTRA-nodal Marginal Zone
- Mantle Cell
- Follicular
- Marginal Zone
- Hairy Cell Leukemia
- Plasmacytoma/Multiple Myeloma
- Diffuse B Cell
- BURKITT LYMPHOMA (Starry Sky)

## PRECURSOR T

 Precursor T LYMPHOBLASTIC LEUKEMIA/LYMPHOMA

#### **PERIPHERAL T and NK**

- T-Cell PRO-Lymphocytic Leukemia
- Large Granular
- Mycossis fungoides/Sezary Cell syndrome (skin)
- Peripheral T-Cell
- Anaplastic large cell
- Angioimmunoblastic T-Cell
- Enteropathy-associated T-Cell
- Panniculitis-like
- Hepatosplenic gamma-delta
- Adult T-Cell
- NK/T Cell nasal
- NK-Cell leukemia

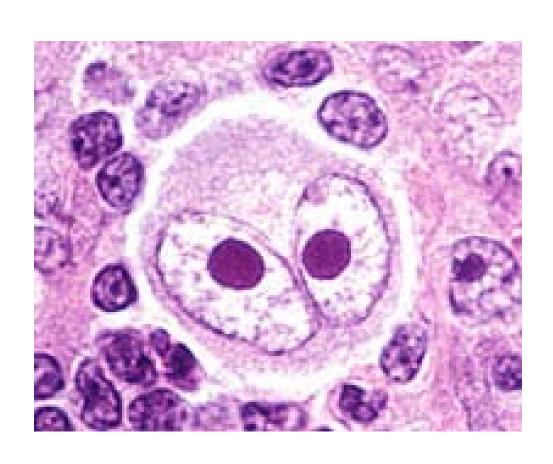
## LYMPHOCYTE MARKERS (CD-) i.e., LYMPHOCYTE ANTIGENS

- T-Cell: 1,3,4,5,8
- B-Cell: 10 (CALLA), 19,20,21,23,79a
- Mono/Mac: 11c, 13, 14, 15, 33, 34
- STEM: 34
- RS: 15, 30
- All: 45 (Leukocyte Common Antigen)
- NK: (16, 56)

#### **HODGKINS DISEASE**

- NEED R-S (Reed-Sternberg, or Sternberg-Reed) cells for correct diagnosis
  - -NODULAR SCLEROSIS (Young Women), the R-S cells may be called "LACUNAR" cells
  - -MIXED CELLULARITY
  - Lymphocyte RICH
  - Lymphocyte POOR
  - Lymphocyte PREDOMINANCE

#### STERNBERG-REED CELL



## STAGING, HD & NHD

I ONE NODE or NODE GROUP

• II MORE than ONE, but on ONE side of diaph.

• III BOTH sides of diaph., but still in nodes only

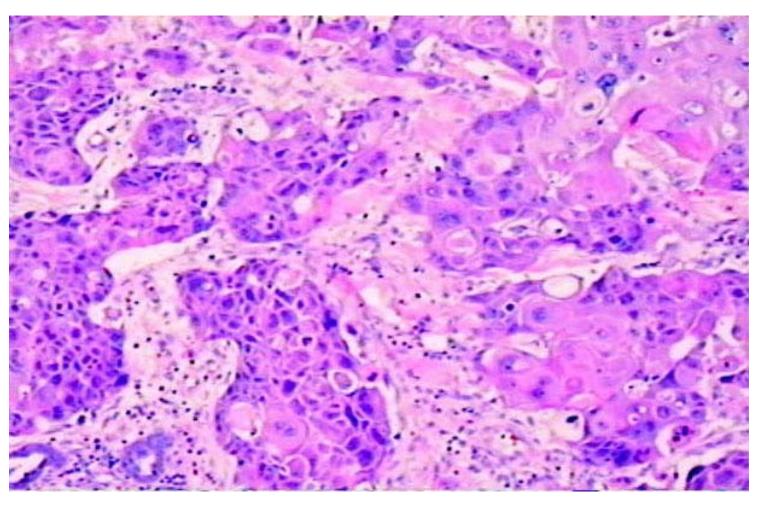
• IV OUTSIDE of NODES, e.g., liver, marrow, etc.

- A No systemic symptoms
- B fever and/or night sweats and/or 10% weight loss

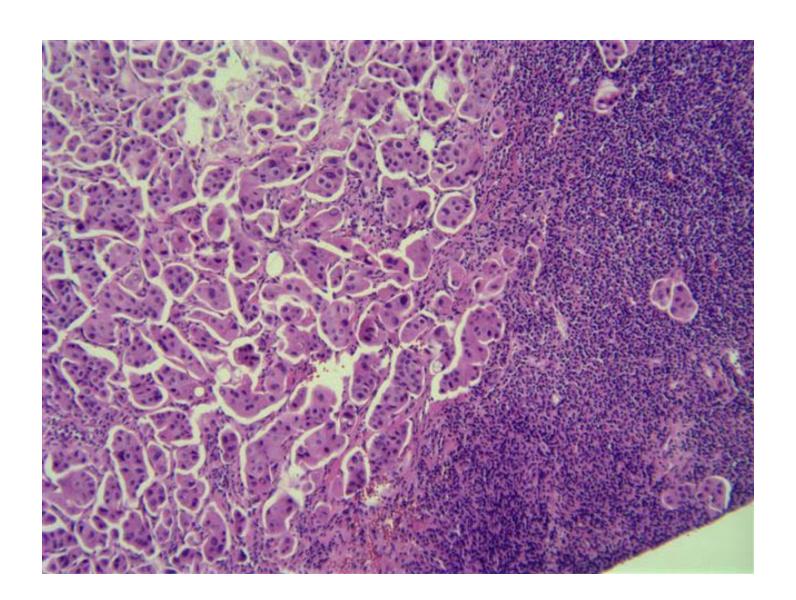
#### **METASTATIC CARCINOMA**

- Perhaps the single most important staging and prognostic feature of tumors
- The metastatic cells FIRST enter into the SUBCAPSULAR SINUS
- The tumor may replace the entire node and enlarge it
- The tumor may be focal
- The tumor usually looks the same as it's primary or other metastases
- The tumor usually ENLARGES the node

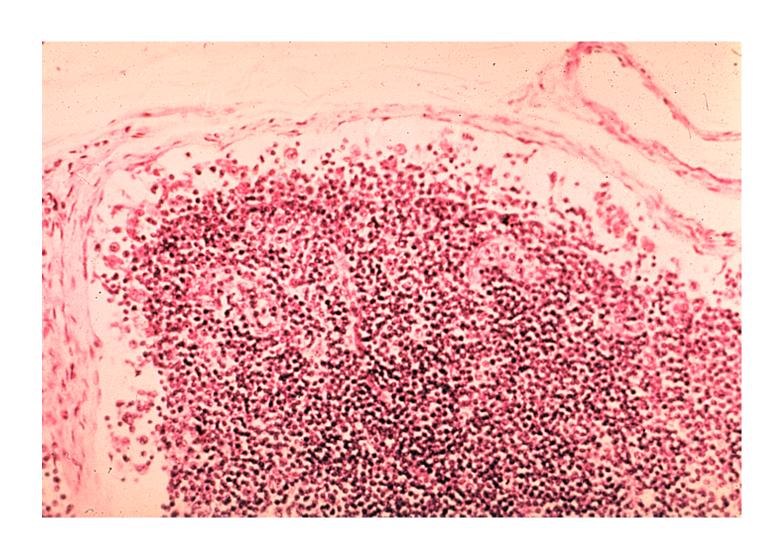
# METASTATIC SQUAMOUS CELL CARCINOMA



#### **METASTATIC ADENOCARCINOMA**

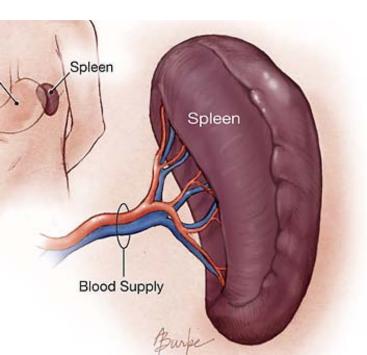


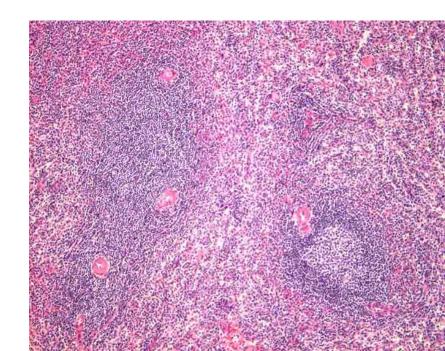
#### **SUBCAPSULAR SINUS**

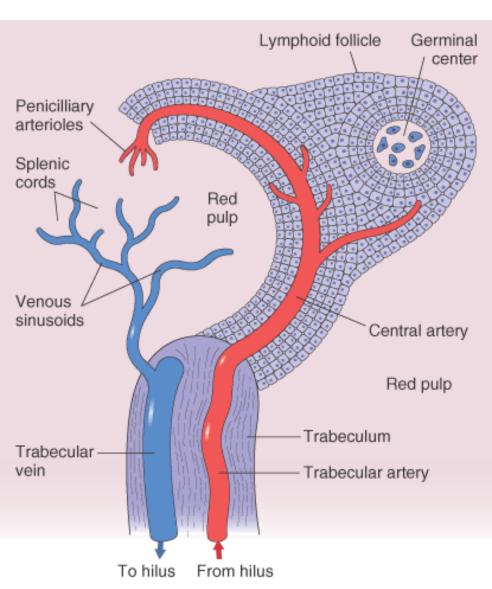


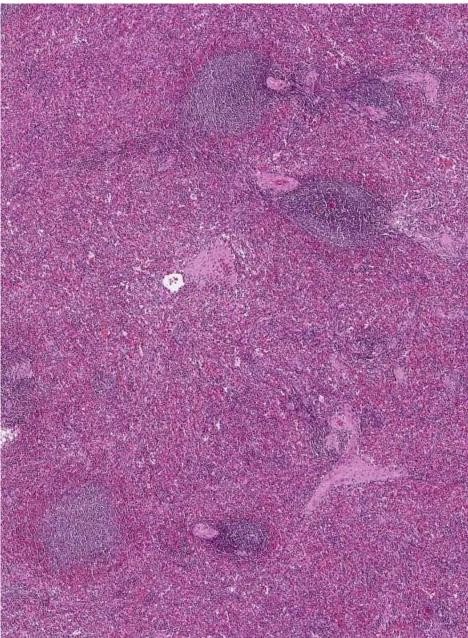
## **SPLEEN**

- 150 grams POST-LUQ (just like kidney, 1/10 of liver)
- Bordered by diaphragm, kidney, pancreas, splenic flexure, stomach
- SMOOTH & GLISTENING capsule
- 50% RED pulp, 50% WHITE pulp

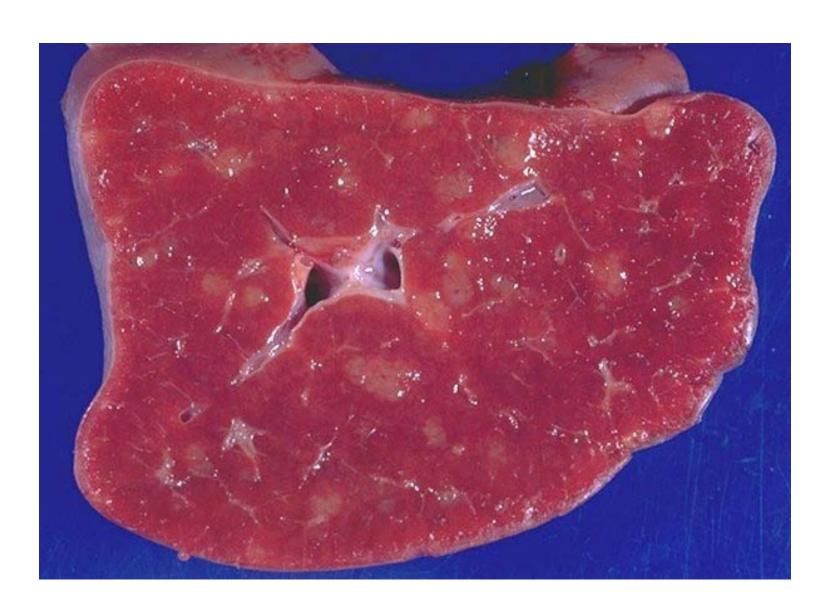




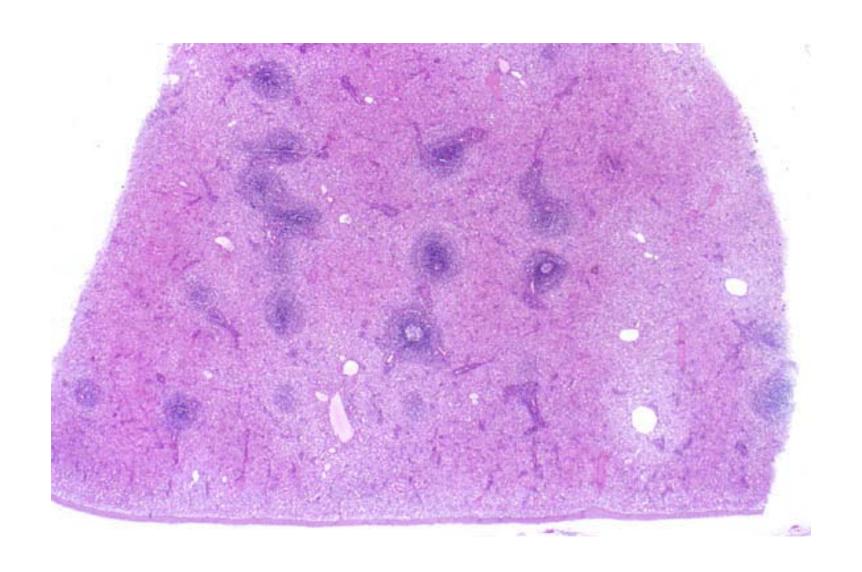




## **ABNORMAL SPLEEN**



## **ABNORMAL SPLEEN**



## SPLENIC FUNCTION

- REMOVE OLD BLOOD CELLS
- MAJOR SECONDARY ORGAN of the IMMUNE SYSTEM
- HEMATOPOIESIS
- SEQUESTER (POOL) BLOOD CELLS
- 15% of body's PHAGOCYTIC activity is in the spleen (liver has >80)

## **SPLENOMEGALY**

- CONGESTIVE vs INFILTRATIVE
- HYPERSPLENISM
  - -Anemia
  - -Leukopenia
  - –Thrombocytopenia
- DECISION for SPLENECTOMY

#### **SPLENOMEGALY**

- INFECTIONS: TB, Mono, Malaria, Fungus
- PORTAL HTN: CHF, CIRRHOSIS, PV Thromb.
- LYMPHOHEMATOGENOUS: Leuk, Lymph
- IMMUNE: RA, SLE
- STORAGE: Gaucher, Niemann-Pick
- MISC: Amyloid, mets (melanoma, lymphoma, Germ cell tumors of testis)

LONG STANDING CONGESTION breeds FIBROSIS

## INFARCT



#### PRIMARY TUMORS (RARE)

- HEMANGIOMA
- LYMPHANGIOMA
- fibroma
- osteoma
- Chondroma

#### LYPHOMA

## MISC

- Congenital Absence (very rare)
- "Accessory" spleens (very common)

## •RUPTURE

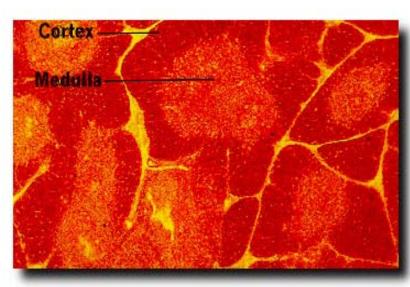
## **THYMUS**

Mother of all T-Cells

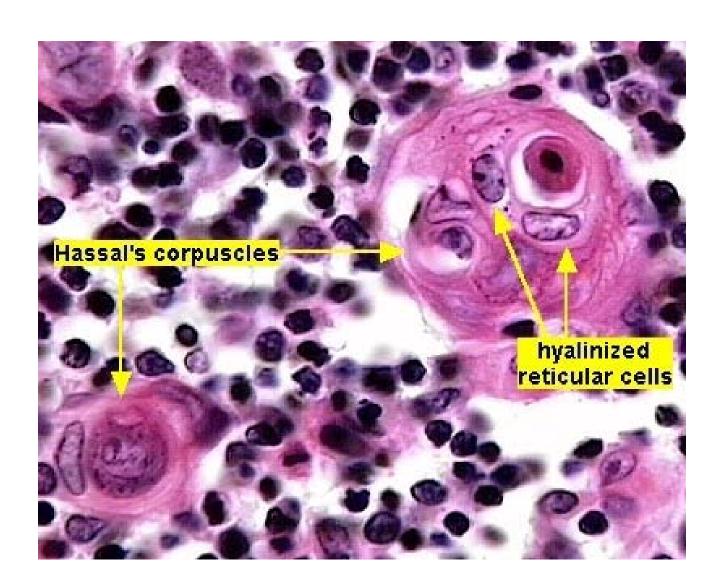
Massive in newborns, virtually absent in the

elderly, bilobed

- Under manubrium
- 1) Thymocytes
- 2) Epithelial Ret. Cells
- 3) Hassal's Corpuscles



### HASSAL's CORPUSCLES



# DISEASES

• HYPOPLASIA/APLASIA

» DiGeorge Syndrome

• CYSTS (incidental)

THYMOMAS

## **THYMOMAS**

- ALL (most) thymomas show counterparts of BOTH lymphoid as well as epithelial reticular cells, hence, the classic name "LYMPHOEPITHELIOMA"
  - Benign thymoma: (encapsulated)
  - Malignant Thymoma I: (locally invasive)
  - Malignant Thymoma II: (easily metastasizable)

## **THYMOMAS**

